

## Nutritional Wellness: Suggested Program

| Key Benefits for Your Health   | Notes |
|--|-------|
|  <p><b>Ultimate Aloe</b> - 32 oz. bottle, code #UK1280 (Nat.), #UK1285 (S/K), #UK1282 (C/A)</p> <ul style="list-style-type: none"> <li>• Supports a healthy digestive tract</li> <li>• Promotes normal healing</li> <li>• Contributes to digestive comfort</li> </ul>  |       |
|  <p><b>Isotonix® Digestive Enzymes</b> - 90 serving bottle, product code #UK13022</p> <ul style="list-style-type: none"> <li>• May help occasional stomach upset</li> <li>• Supports a healthy digestive tract</li> <li>• Supports healthy immune function</li> <li>• Contains DigeZyme® (a powerful blend of amylase, protease, cellulase, lactase and lipase) and Lactospore® (Bacillus coagulans)</li> </ul>  |       |
|  <p><b>Isotonix® OPC-3</b> - 90 serving bottle, product code #UK13009</p> <ul style="list-style-type: none"> <li>• Combats Free Radicals</li> <li>• Demonstrates anti-inflammatory activity</li> <li>• Contributes to normal functioning of the nervous system</li> <li>• Contributes to normal muscle function</li> <li>• Promotes Immune Health</li> <li>• Contributes to maintenance of normal blood pressure Contains the world's only isotonic-capable Pycnogenol® (French maritime pine bark extract)</li> </ul> |       |
|  <p><b>Isotonix® Multivitamin</b> - 90 serving bottle, product code #UK13046</p> <ul style="list-style-type: none"> <li>• Contributes to normal immune function</li> <li>• Contributes to normal psychological and cognitive function</li> <li>• Contributes to the protection of cells from oxidative stress (antioxidant protection)</li> <li>• Contributes to the maintenance of normal red blood cells</li> <li>• Contributes to normal psychological and cognitive function</li> </ul>                            |       |
|  <p><b>Isotonix® Activated B Complex</b> - 90 serving bottle, product code #UK13057</p> <ul style="list-style-type: none"> <li>• Contributes to normal energy metabolism Increases Energy</li> <li>• Contributes to muscle function including the heart muscle</li> <li>• Contributes to the maintenance of normal hair</li> <li>• Contributes to the normal function of the nervous system</li> <li>• Contributes to the reduction of tiredness and fatigue</li> </ul>  |       |
|  <p><b>Isotonix® Calcium Plus</b> - 90 serving bottle, product code #UK13020</p> <ul style="list-style-type: none"> <li>• Contributes to normal function of bones, teeth, cartilage, gums, skin and blood vessels</li> <li>• Contributes to the maintenance of normal muscle function and neurotransmission</li> <li>• Contributes to normal psychological functions</li> <li>• Contributes to normal collagen formation</li> <li>• Contributes to maintenance of normal skin and mucous membranes</li> </ul>        |       |
|  <p><b>Heart Health Omega 3 Fish Oils</b> - 60 serving bottle, product code #UK13852</p> <ul style="list-style-type: none"> <li>• Promotes overall cardiovascular health</li> <li>• Provides the 3 grams of EPA and DHA that studies reveal is the most effective does to promote overall cardiovascular health.</li> <li>• EPA and DHA contribute to the normal function of the heart</li> </ul>  |       |
|  <p><b>Isotonix® Vitamin D with K2</b> - 30 serving bottle, product code #13071</p> <ul style="list-style-type: none"> <li>• Contributes to normal absorption and utilisation of calcium and phosphorus</li> <li>• Contributes to normal blood calcium levels</li> <li>• Contributes to normal function of the immune system</li> <li>• Contributes to normal blood clotting</li> </ul>   |       |
|  <p><b>Isotonix® Vitamin C</b> product code #UK 1095</p> <ul style="list-style-type: none"> <li>• Contributes to the normal function of the immune system</li> <li>• Contributes to the normal function of the nervous system</li> <li>• Contributes to the protection of cells from oxidative stress</li> <li>• Contributes to the maintenance of normal blood pressure</li> </ul>   |       |
|  <p><b>Isotonix® CoEnzyme Q 10</b>- 60 serving bottle, product code #UK13852</p> <ul style="list-style-type: none"> <li>• Contributes to normal energy metabolism</li> <li>• Contributes to the maintenance of normal red blood cells</li> <li>• Contributes to the maintenance of the normal function of the nervous system.</li> </ul>  |       |

